

GATEWAY COORDINATORS:

Northeast: Tim D. walstib@netzero.com

Including the states of: Connecticut, Indiana, Maine, Massachusetts, Michigan, New Hampshire, New York, New Jersey, Delaware, Maryland, Washington D.C., Pennsylvania, Rhode Island, and Vermont

Southeast: Daniel P. baskinginthelight@yahoo.com

Including the states of: Arkansas, Mississippi, Alabama, Georgia, Tennessee, Kentucky, North Carolina, South Carolina, Virginia, and West Virginia.

Midwest: Eddie B. bluegrassching@juno.com

Including the states of: Minnesota, Iowa, Missouri, Kansas, Nebraska, N Dakota, S Dakota, Indiana, Ohio, Wisconsin, and Illinois

South: Flarcus msbmsbmsb@hotmail.com

Including the states of: Florida, Texas, Oklahoma, and Louisiana

Rocky Mountain: Joe H. hershmanjoe1965@comcast.net

Including the states of: Idaho, Montana, Wyoming, Nevada, Utah, Colorado, and New Mexico

West Coast: Chef Larry cheflarry@sbcglobal.net

Including the states of: Arizona, California, Oregon, Washington, Alaska, and Hawaii

Other Sober Fellowships:

digitalbuddhas@ yahooogroups.com - **disco biscuits**
goldengators@ yahooogroups.com - **particle**
happyhourheroes@ yahooogroups.com - **moe**
thejellyfish@ yahooogroups.com - **string cheese incident**
phellowship@ yahooogroups.com - **phish**
velcrowkangaroos@ yahooogroups.com - **yonder mountain string band**
wharfrats_together@ yahooogroups.com - **grateful dead related**
www.scijellyfish.org - **string cheese incident**
www.wharfrat.org - **grateful dead related**

Contact us by visiting our website www.soberfans.com. There you can chat online with other like-minded fans, volunteer for service work at a WSP show near your hometown and find links to similar rock and roll recovery groups.



What is the Gateway?

The Gateway is a group of Widespread Panic fans who choose to remain drug and alcohol free. The Gateway is not affiliated with Alcoholics Anonymous, Narcotics Anonymous, the Panic or The Wharf Rats. The Gateway has absolutely no opinion on the issue of drugs and alcohol, and neither condemns nor condones it. Our simple purpose is to provide support and information to those who seek the comfort and camaraderie of other clean and sober people at shows. The only requirement for membership is a desire to stay substance-free at shows. Though The Gateway consists primarily of those recovering from addiction, we are open to anyone who wishes to remain clean and sober at shows.



My name is Tom C. I have been a member of The Gateway for a year or so now and have been sober for 34 months. 18 months ago I started going back to WSP shows when I was turned on to The Gateway by a dear friend in recovery. Last summer I attended the 3-night run at the Chicago Theater. Before my flight down I was nervous and anxious about attending shows where I knew a lot of the old crowd I hung around with in my using days. The second night was a bit difficult for me during the first set, my mind was wondering. I paid more attention to the people getting high around me than I did to the music. Later during the same set I ran into an old friend who offered me to get high, I declined. I asked myself, "What am I doing here?"

During set break I made my way to "the table" and found "my peeps". Thank God for The Gateway. We held a meeting and focused on why we were here. I heard people talk about service work, fellowship and how grateful they were for the opportunity to be there sober. I suddenly realized that god was doing for me what I could not do for myself. At that moment I had a spiritual awakening. I no longer regretted my past, and I certainly did not want to shut the door on it.

The rest of the show was incredible. The music flowed through me like never before, I wasn't afraid to see or be seen. I experienced a common bond through the music with the band and the audience and was able to participate in it by dancing and thoroughly enjoying myself. What a night!!

Thank you to everyone in The Gateway. Without all of you I may not have been able to experience the magic that happens at these shows. I will keep coming back.

God bless you all,
Tom C.

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